

SPECIAL EVENTS

Oceanus Members Bistro
Nitrro Gym
Cake Mixing Glimpses
Tree Lighting Glimpses
Crisp Creations
A Crepe Affair
Lohri Feast
Brochettes and Brews
Republic Day Brunch

Extra Curricular Activities

Movie Night
Swimming Coaching Classes
Skating Coaching Classes
Tennis Coaching Classes
Saturday Movie Night
Literati Meet

SALSA OFFERINGS

Kitty Party Kids Birthday Party

PYRAMISA OFFERINGS

Dine Out Wednesday Kitty Party Kids Birthday Party

TFBH OFFERINGS

Live Band
Trivia Night
Corporate Friday
Ladies Night
Factory Hours

Dinner by the Pool Dinner at Cupola Waiter on Wheels Bakes & Beans Chefs Recipe Epoch - Elder Care













FOREWORD

DEAR LOVING MEMBERS OF THE CORINTHIANS FAMILY,

On behalf of Team Corinthians, I wish you all a very Happy & Prosperous New Year.

As we reflect on the moments that shaped the year gone by, let us also embrace the opportunities that the coming year holds. Our club has been a hub of shared experiences, camaraderie and collective achievements and I am confident that the journey ahead will be nothing short of extraordinary.



Noorbasha Shaikh General Manager

It has been our endeavour to keep The Corinthians always trending with pride for its members and patrons with continuous upgradation and expansions. After months of hard work and planning, we are proud to announce the grand opening of our new gym facility, the renovated spa and salon, and Oceanus - Members Bistro. These additions reflect our ongoing commitment to providing you with the best in health, relaxation, and social experiences.

NITRRO WELLNESS & FITNESS HUB - Our state-of-the-art gym is now open, designed to elevate your fitness experience at the club! Our gym offers a space that is both motivating and inviting. With dedicated areas for cardio, strength training, group classes and a welcoming atmosphere, there's something for everyone

MEGHAVI SPA AND SALON FOR ULTIMATE RELAXATION - We've also unveiled a completely renovated spa and salon, designed to offer a serene escape from everyday life. With luxurious treatments, a soothing atmosphere, and expert staff, our spa is the perfect place to unwind.

OCEANUS, MEMBER'S BISTRO - A serene space crafted exclusively for our valued members to unwind, savour gourmet cuisine and enjoy a relaxed atmosphere.

We would like to extend a heartfelt thank you to all our members for their patience and support throughout the renovation process.

We at the Corinthians family very much believe that life is a celebration and should be lived to the fullest irrespective of our age and the generation we come from. We have planned a series of events starting from the Lohri Celebration, Republic Day Brunch, Crisp Creations at Oceanus and many more...

For the enthusiast beer lovers we have Ladies Night on Every Wednesdays and Live Bands on Every Friday & Saturday at our very own The 1st Brewhouse.

We hope that we are staying true to our promise of giving you many reasons to make the Club your first choice of celebration. Our team will ensure that we continue to create special memories for you and your loved ones.

Wishing you all a year filled with lots of Fun, Good Luck, Joy, Peace and Happiness forever.

Best Wishes NOORBASHA SHAIKH General Manager

Oceanus MEMBERS'BISTRO

Member's Oceanus Bistro is an exclusive retreat crafted for our esteemed members to escape the everyday hustle and indulge in a refined dining experience.

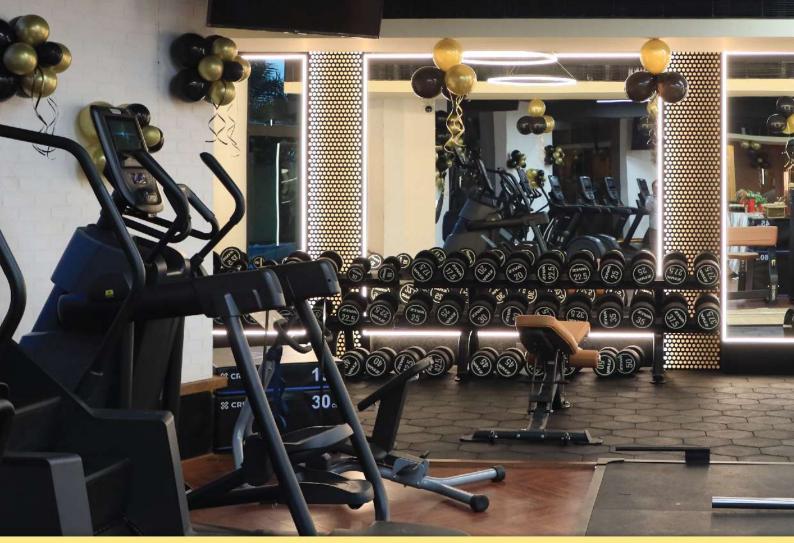
Located by the serene poolside,
Oceanus offers a tranquil ambience where members can
unwind and enjoy a diverse selection of curated cuisines.
Whether it's a casual meal with friends or
a peaceful moment of solitude, Oceanus provides
the perfect setting for relaxation, combining comfort and
culinary excellence in a picturesque, memorable setting.



ROARING FITNESS venture



Driven by passion for fitness



NOW OPEN







Cake Vixing *** Event

























Tree Lighting **** Ceremony ***























CRISP CREATIONS A Shape for Every Craving

Delight in an assortment of samosas, each bursting with delicious fillings and rich flavours

6th Jan - 12th Jan 12:30 pm - 10:30 pm

For More Details, Call 9921000491 / 9822866209





CRÉPE

From sweet to savoury, indulge in a harmony of flavours in every crêpe wrapped, rolled, and ready to enjoy.



ALA CARTE

11th Jan - 19th Jan 7:30 PM - 11:00 PM

*Member Discount Applicable

For More Details, Call

+91 99210 00491 | +91 98228 66209

Terms & Conditions Apply





LOHRI Feast

Experience the joy of Lohri with a grand dinner buffet featuring traditional Punjabi cuisine with a modern twist

Live Dhol | Folk Music Performance | Bonfire



Rs. 1699++
*Member Discount Applicable

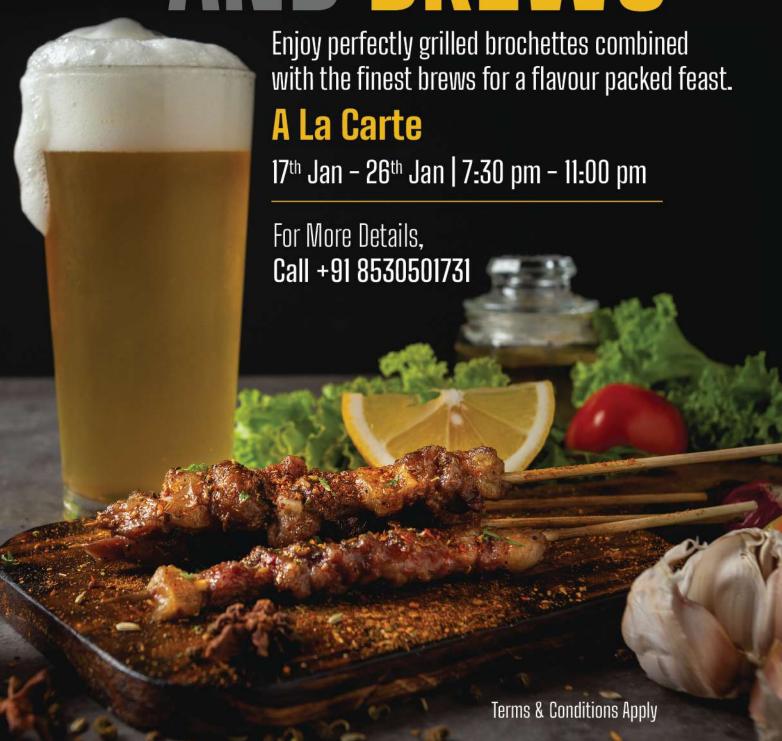
Mon, 13th Jan 7:30 pm - 10:30 pm

For More Details, Call: 9921 000 491/9822 866 209





BROCHETTES AND BREWS







SULLINE

BIBS ES

Every Tuesday - Friday 7 AM - 10 AM | 4 PM - 6PM

To Enrol, Call 9921000494





GOAGHING SS

Discover the joy of tennis at The Corinthians, where passion for the sport meets exceptional training in a stunning environment.

Monday, Wednesday, Friday

4:00 PM - 5:00 PM 5:00 PM - 6:00 PM

HIT THE COURTS WITH CONFIDENCE SIGN UP FOR TENNIS COACHING TODAY!

TO ENROL, CALL 9921000494



CHILL OUT SATURDAYS

MOVIE NIGHT

EVERY SATURDAY

Entry from Resort Gate

For More Details, Call 7774052292

LITERATI MEET

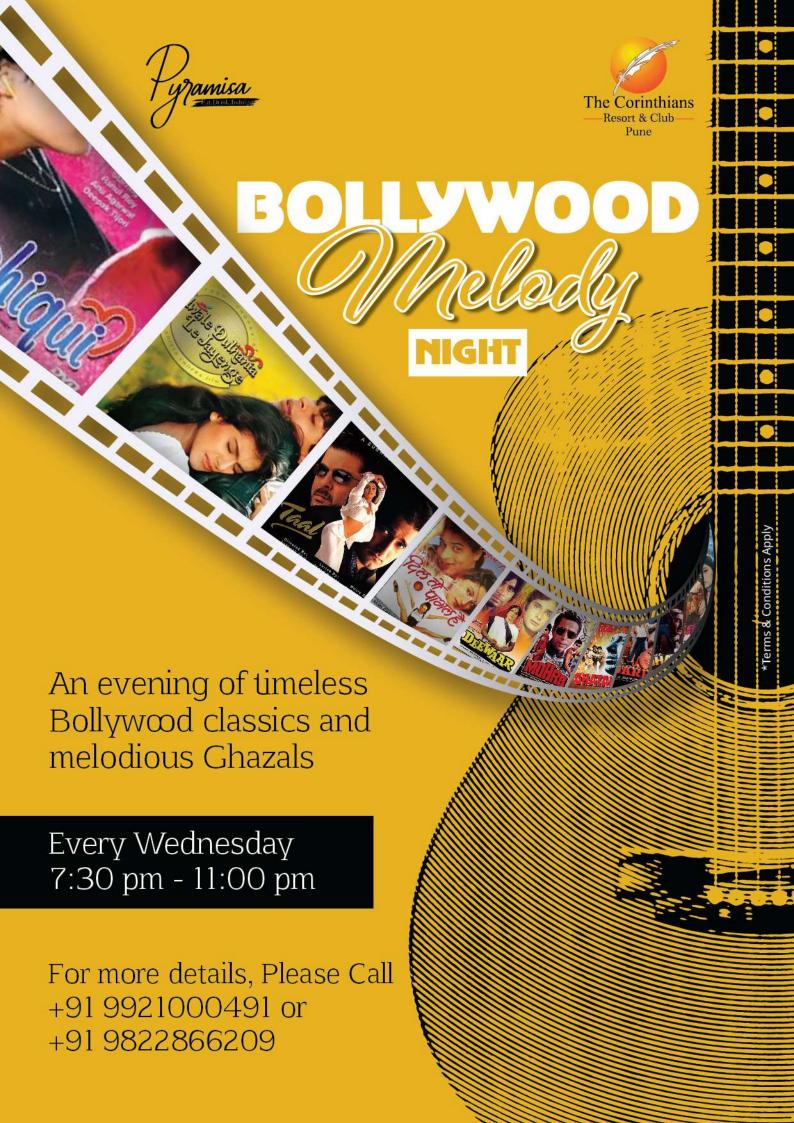


WHERE IDEAS AND INSPIRATION MEET

Join us for an enriching book reading session at our literati meet, where book lovers gather to celebrate the joy of reading. Explore a variety of books, exchange ideas, and discover new viewpoints. Stimulate your mind with engaging literary conversations, participate in insightful discussions, and expand your knowledge on diverse topics.

Embrace the collective wisdom and embark on an intellectually invigorating journey that will motivate you to achieve new heights. Come, read, discuss, and flourish with us!









Live Band Night

Enjoy delicious cuisines and refreshing beverages while live music sets the tone for an unforgettable evening.

Every Friday, Saturday & Sunday 7:30 pm - 10:00 pm

For more details and reservations, call us on

+918530501731



DINE OUT WEDNESDAY

It's wine o'clock Wednesday! Enjoy the perfect bites that pair like a dream with your favourite Reds or Whites.

- Every Wednesday
- Time: 7:30 pm onwards
- Live Music
- · A Complimentary Glass of Wine
- Exclusively only for members

Rs. 1049 + TAXES

For more information, call: 9921000491



SUNDAY BRUNCH

Just Munchin & Brunchin

Treat yourself to a sumptuous spread of mouth-watering sunday-brunch delicacies at the Corinthians.

- Every Sunday
- Time: 12:30 pm to 3:30 pm
- Live Music
- A Glass of Complimentary Beer
- Exclusively only for members

Rs. 1049 + TAXES

Members Discount For more information, call: 9921000491



KITTY PARTY

Laugh, Sip n Relax!

Nurture your bonds of friendship, as you have an evening filled with fun with your girl tribe!

Venue: Pyramisa

Time: 4:00 pm to 7:00 pm

Rs. 999/- Al/person

For more information, call: 9921000491 | 7774017785 | 9822866209





KIDS BIRTHDAY TREAT

Where Magical Moments Come to Life!

From the very first invite to the very last return gifts, our experts take care of it so that you can focus on your little one's party!

Venue: Pyramisa & Salsa

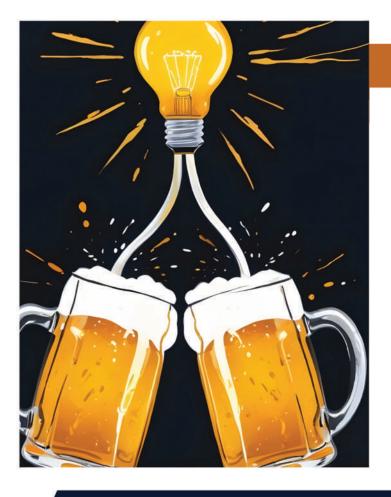
Time: 4:00 pm to 7:00 pm

Complimentary Cake & Mocktails

Rs. 799/- Al/person

For more information, call: 9921000491 | 7774017785 | 9822866209





TRIVIA NIGHT

It's more than just a game It's a battle of wits over the drinks!

- Trivia Night
- Every Wednesday
- 8:00 pm
- 2 Complimentary Cocktails on winning

For more information, call: 8888881165

LIVE BAND

Magical Musical Moments

Feel the music soothe your soul, and embrace music in all its glory with our live band!

- Every Friday, Saturday & Sunday
- Time: 7:30 pm to 10:00 pm





CORPORATE FRIDAY

Kick-starting the Weekend on a fun note!

Welcome to non-stop fun! unwind into the weekend with your buddies.

Special Rates for Corporate Groups

For more information, call: 8888881165



LADIES NIGHT

Girls Just Wanna Have Fun!

Indulge in crafted cocktails, delicious bites, and endless fun with your besties

Every Wednesday 7:30 pm - 11:00 pm

· Ladies enjoy 2 cocktails free

For More Details, Call +91 8530501731

FACTORY HOURS

Cheers to Spectacular Moments!

Amazing Drinks, Happy Deals, and Culinary Delights await you at the Corinthians.

Factory Hours:

Monday to Thursday Time: 12:00 pm to 2:00 pm Happy Hours:

Monday to Thursday 2:00 pm to 5:00 pm

Friday to Sunday 12:00 pm to 4:00 pm





DINNER BY THE POOL

A Star-lit Dinner!

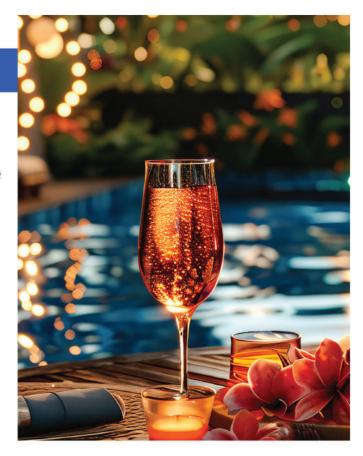
Indulge in a romantic poolside dinner, where shimmering waters and candlelit tables set the stage for an unforgettable evening

Venue: Poolside

. Time: 7:30 pm onwards

Rs. 2999/- Al/person

For more information, call: 9921000491



DINNER AT CUPOLA

A Star-lit Dinner

Create lasting memories under the stars at The Cupola's Star-Lit Dinner. Experience a blend of elegance and charm with delectable cuisine and a setting that radiates romance.

Venue: Cupola



WAITER ON WHEELS (WOW)

Wheeling away to Yumminess!

Enjoy expertly crafted meals as we bring your favourite flavours to the comfort and coziness of your home.



For more information, call: 8888881252 | 7774047807

Note: Delivery within the radius of 4 km





BAKES & BEANS

Baking Happiness

Make your sweet moments extra special and sweet with our sensational desserts and confectionery from the comfort of your home.

Bakes & Beans

LEMON GRASS BROTH



INGREDIENTS

DDOTL

| BROTH | |
|---------------------|-------|
| Water | 200ml |
| Scallions | 10g |
| Coriander stalk | 10g |
| Lemongrass | 20g |
| Galangal | 5g |
| Kaffir lime leaves | 2g |
| Vegetable seasoning | 5g |
| White pepper | 3g |

DUMPLING DOUGH

| All purpose flour | 100g |
|--------------------|------|
| Salt | 5g |
| Spinach puree | 20g |
| Activated charcoal | 20g |
| Turmeric | 20g |
| Water | 25g |
| | |

DUMPLING STUFFING

| Scallion | 50g |
|-----------------|------|
| Garlic | 5g |
| Ginger | 3g |
| Thai chilli | 2g |
| Cabbage | 100g |
| Yellow zucchini | 20g |
| Green zucchini | 20g |
| Chinese cabbage | 15g |
| Carrot | 10g |
| Broccoli | 10g |
| Pok choy | 10g |

GARNISH

Edible flowers Microgreens

METHOD

FOR THE LEMONGRASS VEGETABLE BROTH

In a stock pot, add water, followed by stock vegetables. Keep simmering until all the flavours are infused. Strain the stock and remove the vegetables. Allow to cool.

FOR THE DUMPLING DOUGH

Take all purpose flour and add a pinch of salt. Add water followed by spinach puree for the green colour, turmeric for yellow and activated charcoal for black. Knead the dough until smooth.

FOR THE VEGETABLE STUFFING

In a wok, add a litte oil, chopped ginger, Thai chilli, lemongrass, followed by the remaining vegetables and toss. Add Asian spices for the flavour and aroma. Allow the mixture to cool.

FOR THE VEGETABLE DUMPLING

Flatten portioned dough pieces of around 25 g each, with a rolling pin. Add the cooked vegetable mixture and fold to the desired shapes. Steam and use as required. Half cook and chill/freeze them to use later.

ASSEMBLY

Place the dumplings in a plate with a few vegetables cut elegantly to add the desired crunch. Pour the flavoured broth over and serve hot garnished with edible flowers and microgreens







Expert in

assisted living | dementia care

assisted living and dementia care

Epoch Elder Care provides premium assisted living facility homes for elders with specialized needs, focused on conditions such as dementia, Parkinson's, stroke, mental health disorders, COPD and other chronic conditions, for long term & short term stay.

Epoch has 6 homes - 4 in Gurugram & 2 in Pune.











Recovery & rehabilitation



Why Epoch?



















Management

Epoch Dementia Care Program

It manages symptoms of dementia by focussing on a resident's emotional well being, providing holistic, and person centered care tailored to the resident's needs that ensures quality of life.



Focus on emotional well-being



Person centered care (PCC)



Transition & admissions



Trained & professional team



Dementia staging & management



engagement



Managing challenging behaviours



Nutrition & hydration



Late stage management



End-of-life care

Our range of dementia care services





Dementia Day Care







info@epocheldercare.com













DISCLAIMER

It has come to attention of the Corinthians Club management that some members are misusing their membership cards by giving them to their relatives and friends, who are not members of the club, to use the club facilities and demand discounts. Please note that all the guests must be accompanied by a member and ensure to register the same at the club register. Membership shall be forfeited if a member allows a third party to use her/his membership card.